

FLAMES MENU

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TO START OFF

Enjoy, with our compliments, fresh bread, focaccia, olive tapenade and our homemade dip

YOUR CHOICE FROM OUR BBQ

GRILLED MEAT PLATTER

Beef medallion, pork medallion, Maltese sausage, lamb cutlets, chicken tandoori skewer €33.00

FILLET OF BEEF 250gr €25.50

> LAMB CUTLETS €26.50

BEEF RIB EYE 250gr €25.50

VEAL RIB EYE 250gr €25.50

T-BONE STEAK 550gr € 29.50

GRILLED CHICKEN 250gr € 19.50

KING PRAWNS (eight pieces) €25.50

SEASONAL FRESH FISH

Please ask your server for today's selection €22.50

All main courses are served with stir fry vegetables and jacket potato

SELECT YOUR DRESSING

Balsamic reduction - BBQ sauce - Cherry tomato and basil salsa - Chilli oil Cucumber and yoghurt - Forest berry relish - Sauté of mushrooms Sweet chilli - Salsa verde - Maltese salsa with capers

If you have a food allergy or intolerance, please ask our staff before ordering your food and drink