## FLAMES BBO MENU

## TO START OFF

Enjoy, with our compliments, fresh bread, focaccia, olive tapenade and our homemade dip

## YOUR CHOICE FROM OUR BBO

FILLET OF BEEF 300g €26.95

BEST END OF LAMB €26.50

BEEF RIB EYE 300g €24.50

VEAL RIB EYE 300g €24.50

T-BONE STEAK 550g €29.50

GRILLED CHICKEN 300g €19.50

KING PRAWNS (EIGHT PIECES) €25.50

GRILLED SWORDFISH €21.50

All main courses are served with a summer salad and jacket potato

## SELECT YOUR DRESSING

Balsamic Reduction - BBQ Sauce Cherry Tomato and Basil Salsa-Chilli Oil Cucumber and Yoghurt - Forest Berry Relish Sweet Chilli - Salsa Verde Maltese Salsa with Capers

