

## BREAKFAST

## SELECTION OF TEAS

Including herbal teas and coffees

## SELECTION OF JUICES

Orange, apple, grapefruit, pineapple

## SELECTION OF ITALIAN MEAT CUTS AND CHEESES

Consisting of ham, turkey roll, salami, mortadella, emmenthal sliced cheese, feta cheese, edam cheese

## SELECTION OF JAMS AND MARMALADES

Strawberry, apricot, orange marmalade, honey (strawberry, marmalade sugar free)

BAKER'S BASKET

Selection of white and brown bread, Maltese sliced bread and white/ brown rolls

Salted and unsalted butter
Selection of croissants, pain au chocolate, apple turnovers English cake, or other mini pastry selections

Pancakes

## HEALTHY CORNER

## SELECTION OF CEREALS

Muesli, cornflakes, coco pops, bran flakes, rice krispies

CHOICE OF FRUIT AND PLAIN YOGHURTS Including low fat

## SELECTION OF CARVED AND WHOLE FRESH FRUIT

Consisting of red and green apples, oranges, melon cubes, pineapple cubes and fresh fruit salad

DRIED FRUITS, SELECTION OF NUTS AND SEEDS

SELECTION OF SALADS
Consisting of lettuce three leaf, tomatoes, coleslaw, cucumber, artichoke hearts, black olives and silver skin onions

## COOKED BREAKFAST

Grilled tomatoes<br>Boiled eggs<br>Mushrooms<br>Baked beans<br>Grilled bacon<br>Scrambled eggs<br>Cumberland sausages<br>Fried eggs<br>Omelette of the day

