



OUR
TREATMENTS



OUR FACIAL TREATMENTS

After a facial treatment you'll feel relaxed, experience a deep feeling of well-being and your mind, body and spirit will feel totally rejuvenated. Truly divine.

THE CLASSIC FACIAL

€75 (75min)

A fully inclusive treatment designed to deliver your skin's best health, customised for your skin type to target your skin concerns and needs to maintain a healthy skin.

REVITALISING FACIAL

€60 (55min)

A revitalising facial that is recommended for all ages. You will find that your skin will rediscover all of its balance, elasticity and vitality.

FIRMING & LIFTING FACIAL

€75 (75min)

Your opportunity for a deep-firming and lifting facial. Thanks to the regenerating action of Collagen, your skin is left looking beautiful and relaxed.

AGE SMART

€75 (75min)

Are the signs of aging becoming more visible on your skin? Potent vitamin and hydroxy acid exfoliation resurfaces and retexturizes skin for the ultimate in skin therapy for prematurely-aging skin.

ULTRACALMING

€75 (75min)

Red, itching, burning skin – don't conceal it. Control it! this treatment is serious relief for sensitized skin that calms, soothes and replenishes the most aggravated, irritated, inflamed skin.

Excellent as an after sun remedy.

CUSTOMISED FACIAL

€49 (45min)

THE CLASSICAL MINI FACIAL

€35 (25min)

THE MINI SPA EXPERIENCE

(25min Facial + 25min Back Massage)

€69 (50min)

BODY TREATMENTS

All of our specifically targeted Spa Wraps are applied following a unique massage protocol, uniting a holistic approach to ancient cultural knowledge. Take your time, and enjoy.

BODY EXFOLIATION €39 (30min)

Buff away dead skin cells, allowing subsequently applied products to penetrate, hydrate and treat effectively. An array of exciting body exfoliating treatments to choose from... spoil your senses.

BODY EXFOLIATION
WITH HALF BODY MASSAGE €75 (75min)

BODY EXFOLIATION
WITH FULL BODY MASSAGE €89 (90min)

TOTAL RELAXATION
AND HYDRATING WRAP €99 (90min) €79 (60min)

Enveloped in glamour and sophistication, experience this sublime ultra- nourishing therapy. Combined with an exquisite massage, this total body envelopment revitalises not only the skin, but also the body and spirit.

AFTER SUN SOOTHING WRAP €49 (40min)

A refreshing and energising wrap containing Aloe Vera and Mint, which is deeply regenerating, leaving the skin silky smooth. Ideal as an after sun treatment as it has a calming and soothing action on the skin.

AND FOR THOSE WHO WANT A BIT MORE...

CHOCOLATE BODY INDULGENCE €115 (90min) €89 (60min)

CAFFEINE FIX €115 (90min) €89 (60min)

RED WINE LOVER €115 (90min) €89 (60min)

MASSAGES

Every one of our treatments is hand-picked from centuries of therapies and techniques from around the world. They are performed by highly trained professionals.

AROMATIC ANTI-STRESS MASSAGE

€79 (75min)

The ultimate in deep relaxation. Our 'Sperience' therapies provide a haven where the body and spirit will be nurtured, resulting in a state of total relaxation, emotional balance and beauty.

TRADITIONAL THAI MASSAGE

€69 (50min)

Traditional Thai Massage – an old-age technique for relaxing the body and mind. This massage involves stretching and locating pressure points that are situated all over the body. This treatment is performed on the floor, and you can choose to remain in your comfortable clothes as no oils are used in Thai massage.

THAI PLACID PINDAS

€79 (55min)

€99 (75min)

This rhythmic massage utilises scented herbal poultices that are heated and applied to the body at pressure points to relax the muscles and release tension. Your therapist then follows with massage and acupuncture movements, combined with essential oils that will relax and de-stress the body.

CANDLELIGHT CARESS

€79 (55min)

€99 (75min)

As the candle slowly burns, warm aromatic oil is gently poured onto the body with slow massage movements providing a truly superb spa experience.

HOTSTONE

€79 (55min)

€99 (75min)

This indulging massage will send your mind, body and spirit into a heavenly state. Traditional massage is already the ultimate form of relaxation, but when combined with the penetrating heat of volcanic basalt stones placed on key energy points of your body, you will simply drift into a world of pure bliss... must be experienced.

SWEDISH CLASSICAL MASSAGE	€39 (25min)	€59 (50min)
DEEP TISSUE	€49 (25min)	€69 (50min)
SPORTS MASSAGE	€69 (55min)	€89 (75min)
ONE-ON-ONE STRETCHING	€69 (55min)	€89 (75min)
LYMPHATIC DRAINAGE MASSAGE	€49 (25min)	€69 (50min)
REFLEXOLOGY	€49 (25min)	€69 (50min)
ORIENTAL HEAD MASSAGE	€39 (25min)	
REIKI SESSION	€69 (55min)	

COUPLES MASSAGE

Most of our massages can be experienced together in our Couples Room.
Please refer to our Packages Menu.



SLIMMING & DETOX PROGRAMMES

ANTI-CELLULITE AND INCH-LOSS TREATMENT

€45 (50min)

€120 (for 3 sessions)

A must before slipping into anything curve hugging, this detoxifying, circulation-stimulating, body-toning treatment includes a combination of dehydrated beauty muds, paraffin, and other healing ingredients, a trouble-spot-targeting heated mud wrap, that helps reduce fat cells, resulting in weight loss. A specific serum is massaged into the skin during treatment. Warm paraffin is then applied all over the area to be treated. Following 15 minutes of swaddling within a hot blanket, the treatment is peeled off the body.

PRESSOTHERAPY

€39 (25min)

€200 (for 6 sessions)

An exclusive detoxifying treatment which, through effective lymphatic drainage, helps to promote the body's natural toxin clearing functions. The revitalisation and oxygenation of the tissue helps to slim and redefine the legs, stomach and arms.

- Recommended for the treatment of cellulite;
- Slimming and detoxifying. A safe alternative to liposuction;
- Body shaping and profiling;
- Relieves pain and swelling, and provides immediate comfort;
- Redefines the legs, stomach and arms while enhancing skin tone.

Pressotherapy can be used in conjunction with seaweed wraps to de-toxify, firm, tone, improve circulation and increase lymphatic drainage. A great, relaxing alternative to liposuction.

G-5 MASSAGE

€35 (25min)

€180 (for 6 sessions)

This massage incorporates the use of a professional G-5 mechanical Massager which vibrates vigorously to stimulate deep blood flow and circulation. The G-5 will break down stubborn fat in the thighs, bottom and stomach and will reduce the appearance of cellulite. You will leave feeling slimmer, toned and much suppler.



MANICURES & PEDICURES

A regular manicure or pedicure keeps nails tidy and improves their appearance, the skin is cared for and high quality products are used to promote strength and growth of the nails.

Choose between standard maintenance treatments or the luxurious range for a more pampering experience.

REGULAR MANICURE	€28 (25min)
REGULAR PEDICURE	€35 (40min)
LUXURY MANICURE	€35 (40min)
LUXURY PEDICURE	€45 (50min)
ADD ON...	
15 DAY NO CHIP NAIL POLISH APPLICATION	€15 (20min)
REMOVAL OF THE 15 DAY NO CHIP NAIL POLISH	€8 (15min)
FRENCH NAIL POLISH APPLICATION	€8 (15min)
PARAFFIN WAX DIP	€8 (15min)



WAXING

LIP OR CHIN	€8	UNDER ARM	€10
BASIC BIKINI	€12	BRAZILIAN BIKINI	€14
LOWER LEG	€16	FULL LEG	€22
FULL LEG + BASIC BIKINI LINE	€28	FOREARMS	€14
CHEST	€20	BACK	€25

OTHER

EYEBROW SHAPING	€10	EYEBROW OR EYELASH TINT	€12
EYEBROW TIDY — WAX OR TWEEZERS	€8		
