

APOLLO

DAY SPA

OUR TREATMENTS

RELAX • ENJOY • INDULGE

OUR FACIAL TREATMENTS

After a facial treatment you'll feel relaxed, experience a deep feeling of well-being and your mind, body and spirit will feel totally rejuvenated. Truly divine.

THE CLASSIC FACIAL

75 MIN €75

A fully inclusive and deep cleansing treatment, including extractions designed to deliver your skin's best health, customised for your skin type to target your skin concerns and needs to maintain a healthy skin.

REVITALISING FACIAL

55 MIN €60

A revitalising facial that is recommended for all ages. You will find that your skin will rediscover all of its balance, elasticity and vitality.

AGE SMART

75 MIN €75

Your opportunity for a deep-firming and lifting facial. Thanks to the regenerating action of Collagen and other active ingredients, your skin is left looking beautiful and relaxed.

FIRMING & LIFTING GALVANIC FACIAL TREATMENT

75 MIN €89

This youth-enhancing facial has results that are fast and dramatic. The appearance of fine lines and wrinkles will be reduced and will leave your skin looking youthfully radiant after just one treatment

ULTRACALMING

55 MIN €60

Red, itching, burning skin? Don't conceal it. Control it! This treatment is serious relief for sensitised skin that calms, soothes and replenishes the most aggravated, irritated, inflamed skin.

Excellent as an after sun remedy.

THE MINI SPA EXPERIENCE

50 MIN €69

25min facial + 25min back massage

BODY TREATMENTS

All of our specifically targeted Spa wraps are applied following a unique massage protocol, uniting a holistic approach to ancient cultural knowledge. Take your time, and enjoy.

BODY EXFOLIATION	25 MIN	€39
Buff away dead skin cells, allowing subsequently applied products to penetrate, hydrate and treat effectively.		
BODY EXFOLIATION WITH HALF BODY MASSAGE	50 MIN	€75
BODY EXFOLIATION WITH FULL BODY MASSAGE	75 MIN	€89
AFTER SUN SOOTHING WRAP	40 MIN	€49
A refreshing and energising wrap, with a calming and soothing action, which is also deeply regenerating and leaves the skin silky smooth.		
BODY WRAP WITH BACK MASSAGE *	60 MIN	€89
BODY WRAP WITH FULL BODY MASSAGE *	75 MIN	€115

* Wraps to choose from

TOTAL RELAXATION AND HYDRATING BODY WRAP

A sublime ultra- nourishing therapy which revitalises not only the skin, but also the body and spirit.

DETOX SEAWEED WRAP

Ideal for poor and sluggish circulation, fluid retention and bloating.

TONING BODY WRAP

Ideal for skin lacking tone and vitality.

CHOCOLATE BODY WRAP

Improves circulation and induces relaxation.

MASSAGES

Each of our treatments are hand-picked and based on century old therapies and techniques from around the globe. They are performed by highly trained professionals.

AROMATIC ANTI-STRESS MESSAGE

55 MIN €65 | 75 MIN €79

The ultimate in deep relaxation. Our therapies provide a haven where the body and spirit will be nurtured, resulting in a state of total relaxation, emotional balance and beauty.

TRADITIONAL THAI MASSAGE

55 MIN €75

Traditional Thai Massage – an old-age technique for relaxing the body and mind. This massage involves stretching and locating pressure points that are situated all over the body. This treatment is performed on the floor, and you can choose to remain in your comfortable clothes as no oils are used in Thai massage.

CANDLELIGHT CARESS

55 MIN €89 | 75 MIN €110

As the candle slowly burns, warm aromatic oil is gently poured onto the body with slow massage movements providing a truly superb spa experience.

HOTSTONE

55 MIN €79 | 75 MIN €99

This indulging massage will send your mind, body and spirit into a heavenly state. Traditional massage is already the ultimate form of relaxation, but when combined with the penetrating heat of volcanic basalt stones placed on key energy points of your body, you will simply drift into a world of pure bliss... **Must be experienced.**

BAMBOO

55 MIN €79 | 75 MIN €99

Using the warm bamboo to roll and knead the tissues and create an extreme sensation of relaxation and well-being, this massage works at all levels to balance, calm and energise you physically, mentally and spiritually. It is also known for its healing properties.



DEEP TISSUE	25 MIN	€49		50 MIN	€69
SPORTS MASSAGE	50 MIN	€69		75 MIN	€89
LYMPHATIC DRAINAGE MASSAGE	25 MIN	€49		50 MIN	€69
ANTI-CELLULITE & TONING MASSAGE				25 MIN	€49
REFLEXOLOGY	25 MIN	€49		50 MIN	€69
ORIENTAL HEAD MASSAGE				25 MIN	€39
REIKI SESSION (Advanced booking required)				55 MIN	€69

COUPLES MASSAGE

Most of our massages can be experienced together in our couples room. Please refer to our packages menu.

MANICURES & PEDICURES

A regular manicure or pedicure keeps nails tidy and improves their appearance, the skin is cared for and high quality products are used to promote strength and growth of the nails. Choose between standard maintenance treatments or the luxurious range for a more pampering experience.

REGULAR MANICURE	25 MIN	€35
REGULAR PEDICURE	40 MIN	€45
LUXURY MANICURE	40 MIN	€45
LUXURY PEDICURE	50 MIN	€55

ADD ON...

15 DAY NO CHIP NAIL POLISH APPLICATION	20 MIN	€25
REMOVAL OF THE 15 DAY NO CHIP NAIL POLISH	15 MIN	€15
FRENCH NAIL POLISH APPLICATION	15 MIN	€12
PARAFFIN WAX DIP	15 MIN	€12

WAXING & OTHER

LIP OR CHIN	€8	FOREARMS	€18
UNDER ARM	€10	CHEST	€20
BASIC BIKINI	€12	BACK	€20
BRAZILIAN BIKINI	€25	EYEBROW SHAPING	€12
LOWER LEG	€20	EYEBROW OR EYELASH TINT	€15
FULL LEG	€35	EYEBROW TIDY - WAX OR TWEEZERS	€10
FULL LEG + BASIC BIKINI LINE	€40		



SLIMMING & DETOX PROGRAMMES

ANTI-CELLULITE AND INCH-LOSS TREATMENT

50 MIN €49 | €125 for 3 sessions

This detoxifying, circulation-stimulating, body toning treatment includes a combination of dehydrated beauty muds, paraffin, and other healing ingredients, a heated mud wrap, that helps reduce fat cells, resulting in weight loss. A specific serum is massaged into the skin during treatment. Warm paraffin is then applied all over the area to be treated. Following 15 minutes of swaddling within a hot blanket, the treatment is peeled off the body.

PRESSOTHERAPY

25 MIN €39 | €200 for 6 sessions

An exclusive detoxifying treatment which, through effective lymphatic drainage, helps to promote the body's natural toxin clearing functions. The revitalisation and oxygenation of the tissue helps to slim and redefine the legs, stomach and arms. It can be used in conjunction with wraps to de-toxify, firm, tone, improve circulation and increase lymphatic drainage.

G-5 MASSAGE

25 MIN €39 | €200 for 6 sessions

This massage incorporates the use of a professional G-5 mechanical massager which vibrates vigorously to stimulate deep blood flow and circulation. The G-5 will break down stubborn fat in the thighs, bottom and stomach and will reduce the appearance of cellulite. You will leave feeling slimmer, toned and much suppler.



THE PACKAGES

The Signature Choice

CLASSIC FACIAL 75 MIN

AROMATIC ANTI-STRESS
MASSAGE 75 MIN

€125 per person - SAVE €29

The Absolute SPA Experience

CUSTOMISED FACIAL 45 MIN

RELAXING OR THAI MASSAGE 55 MIN

€95 per person - SAVE €23

Jet Leg Remedy

BACK MASSAGE 30 MIN

CONCENTRATING ESPECIALLY
ON THE NECK AND SHOULDERS

FOOT & LEG TREATMENT 30 MIN

HELPS TO REDUCE SWELLING,
FLUID RETENTION AND IMPROVE
CIRCULATION

€69 per person - SAVE €20

Express Take Off

EXPRESS FACIAL 25 MIN

BACK NECK & SHOULDER
MASSAGE 25 MIN

EXPRESS MANICURE 25 MIN

€85 per person - SAVE €29

THE PACKAGES

Men's Revitaliser

RELAXING MASSAGE 50 MIN

REFLEXOLOGY 30 MIN

MEN'S FACIAL 50 MIN

€135 per person - SAVE €39

The Holistic Approach

FULL REFLEXOLOGY SESSION 55 MIN

AROMATIC BACK, NECK
& SHOULDER MASSAGE 25 MIN

€85 per person - SAVE €33

Wrap it Up

FULL BODY EXFOLIATION 25 MIN

BODY WRAP OF YOUR CHOICE
& FULL BODY MASSAGE 75 MIN

HYDRATING FACIAL 45 MIN

€175 per person - SAVE €28

Exotic Body Polish

FULL BODY EXFOLIATION 25 MIN

EXOTIC SPA MANICURE
OR PEDICURE; 45 MIN

AROMATIC ANTI-STRESS
MASSAGE 55 MIN

€120 per person - SAVE €24

THE PACKAGES

COUPLES SPECIAL

FULL BODY EXFOLIATION

CANDLE LIGHT CARESS MASSAGE

HYDRATING MINI-FACIAL

A FLUTE OF CHAMPAGNE EACH (STRAWBERRIES DIPPED IN CHOCOLATE ON REQUEST AT AN ADDITIONAL COST)

€250 per couple - SAVE €104

THE ANTI-CELLULITE & DETOX PACKAGES

Package 1

SEA SALT SCRUB

WARM MUD WRAP

LYMPHATIC MASSAGE

€125 per person - SAVE €28

Package 2

SKIN BRUSHING

DETOX WRAP

G-5 SESSION

€69 per person - SAVE €20

Package 3

SKIN BRUSHING

PRESSOTHERAPY SESSION

FULL BODY WRAP

€69 per person - SAVE €20

SPA ETIQUETTE

Spa etiquette can be a source of anxiety for first-time spa-goers, but it's easy once you know a few basics. Here are some basic rules to help you relax.

CANCELLATION / POSTPONEMENT

In case of cancellations, a minimum of 12 hours notice is required to avoid cancellation charges. If your treatment is cancelled within the 12 hours, a charge of 50% of the treatment price will be charged. If no notification is given, then a 100% cancellation charge will apply.

ARRIVE ON TIME

Make sure you make the most out of your Spa experience. Always try and arrive 15 to 20 minutes early, especially on your first visit, as you will need a few minutes to fill out your consultation form as well as enjoy a quick tour of the facilities. When undergoing a treatment at the Spa you will have access to the indoor pool, sauna and Jacuzzi. Should you arrive late, kindly note that the equivalent time may be deducted from your treatment.

TURN OFF YOUR CELL PHONE

You can't relax if you're answering calls, checking emails, and texting. And neither can the person next to you.

SPEAK UP ABOUT WHAT YOU WANT

When making a massage appointment, should you have a preference for a male or female therapist, kindly inform the reception when arranging your booking. During a massage, feel free to ask for anything you would like to be different, more or less pressure, quieter music etc.... **Your comfort is important to us.**