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# BREAKFAST

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## HOT BEVERAGES

Including herbal teas and coffees

## COLD BEVERAGES

Orange, apple, grapefruit, pineapple, still and sparkling water

## SELECTION OF ITALIAN MEAT CUTS AND CHEESES

Consisting of ham, turkey roll, salami, mortadella, emmenthal sliced cheese, feta cheese, edam cheese

## SELECTION OF JAMS AND MARMALADES

Strawberry, apricot, orange marmalade, honey (strawberry, marmalade sugar free)

## BAKER'S BASKET

Selection of white and brown bread, Maltese sliced bread and white/ brown rolls

Salted and unsalted butter

Selection of croissants, pain au chocolate, apple turnovers

English cake, or other mini pastry selections

Pancakes

Selection of home made cakes

## COOKED BREAKFAST

Grilled tomatoes

Boiled eggs

Mushrooms

Baked beans

Grilled bacon

Scrambled eggs

Cumberland sausages

Fried eggs

Omelette of the day

## SAUCES FOR BREAKFAST

English mustard, balsamic vinegar, HP sauce, tomato ketchup, olive oil

## HEALTHY CORNER

### SELECTION OF CEREALS

Muesli, cornflakes, coco pops, bran flakes, rice krispies

### CHOICE OF FRUIT AND PLAIN YOGHURTS

Including low fat

### SELECTION OF CARVED AND WHOLE FRESH FRUIT

Consisting of red and green apples, oranges, melon cubes, pineapple cubes and fresh fruit salad

### DRIED FRUITS, SELECTION OF NUTS AND SEEDS

### SELECTION OF SALADS

Consisting of lettuce three leaf, tomatoes, coleslaw, cucumber, artichoke hearts, black olives and silver skin onions