



# Sea Salt

the pool deck

## Salads

### Greek €8.95

Feta cheese, olives, peppers, tomatoes, salad leaves, chicory, herb oil, diced cucumber

### Chicken and Quinoa Salad €14.75

Grilled chicken, fresh asparagus, sweet potato, three leaf lettuce, mango and tomato coriander salsa

### Caprese €8.95

Mozzarella di bufala, rocket leaves, lollo rosso, tomatoes, basil leaves, olive oil

### Chicken Caesar €14.95

Grilled chicken, lettuce, caesar dressing, croutons, parmesan shavings, olives

### Maltese Salad €9.95

Salad leaves, grilled vegetables tossed with goat's cheese, tuna, olive tapenade, drizzled with a sun dried tomato and caper salsa

### Salmon Salad €9.95

Smoked salmon, lollo rosso, red cabbage, chicory, tomato quarters, horseradish, capers, lemon wedge, grilled rye bread

## Platters & Wraps

### Parma Ham & Parmesan Platter €8.95

Parma ham, salami, rocket leaves, olives, parmesan shavings, focaccia

### Vegetarian Wrap €8.75

Bell peppers, mushrooms, marrows, melted cheese, basil tomato salsa, salad

### Country Wrap €9.75

Sauté of chicken and vegetables, melted cheese, garlic, basil, tomato salsa, salad

### Honey Baked Wrap €7.50

Honey, ham, emmental cheese, tomatoes, salad

## Bakery

### Stone Baked Ftira €6.95

Ham, cheese, salad, branston pickle

### Lord Sandwich Double €6.95

Ham, emmental cheese, salad

### Traditional Maltese Ftira €7.50

Tuna, sun blushed tomatoes, tomato paste, olives, capers, goat's cheese, salad leaves, olive oil

### BLT Baguette €8.50

Grilled bacon, crisp salad leaves, tomatoes, mayo

## Pasta

### Penne al Ragu €11.50

Penne, beef ragu, tomato sauce

### Farfalle Sea Salt €11.50

Pasta bows, chicken, mushrooms, bacon, cream

### Spaghetti Vongole €12.50

Spaghetti, clams, leeks, garlic, white wine, seafood reduction, basil

### Riso Aqua Mare €12.50

Arborio rice, mediterranean seafood, tomato concasse, basil, green lip mussels, prawn

### Fusilli Integrale alla Campania €10.95

Wholegrain fusilli, peppers, courgettes, mushrooms, leeks, vine tomatoes, herbs

### Ravioli Funghi Porcini €12.50

Pasta parcels filled with porcini mushrooms, Grana cheese in a cherry tomato, leeks and basil topped with rocket leaves and parmesan shavings

## Pizza

### Margherita €8.95

Tomato salsa, basil, mozzarella, sliced tomatoes

### Del Bosco €10.50

Tomato salsa, mozzarella, mushrooms, garlic, oregano

### Al Tonno €10.50

Tomato salsa, mozzarella, tuna, capers, garlic, onions, basil

### Capricciosa €10.50

Tomato salsa, mozzarella, mushrooms, ham, eggs, onions, artichokes, olives, basil, oregano

### Club €11.95

Tomato salsa, mozzarella, chicken, bacon, egg

### Maltija €10.95

Tomato salsa, mozzarella, goat's cheese, maltese sausage, sun-dried tomatoes, olives, onions

### I Grandi di Parma €11.50

Tomato salsa, mozzarella, sliced tomatoes, Parma ham, rocket leaves, parmesan shavings

### Pizza to share €25.00

Choose any topping for your 20 inch pizza

#### Extra Toppings:

Prosciutto di Parma €3.00

Salami Pepperoni €2.00

Parmigiano €3.00

Mozzarella di Bufala 125 grms €4.00

#### Other Toppings €2.00

## Main Courses

### Mussels in White Wine €10.50

Black mussels cooked in white wine, garlic, leeks, lemon, fresh herbs

### Fish and Chips €14.50

Breaded grouper, salad, tartar sauce, steakhouse fries

### Rump Steak 250grms €17.50

Rump steak, grilled tomato, side salad, steakhouse fries

### Grilled Chicken Supreme €17.50

Grilled chicken breast, mushrooms, cream, steakhouse fries

### Veal 'al Limone' €17.50

Veal escalopes, lemon cream, parsley, steakhouse fries

### 8 King Argentinian Prawns €22.50

Cooked in a prawn and basil reduction served with salad, steakhouse fries

### Beef Fillet €24.50

Grilled beef fillet 250grms, set on rocket leaves, parmesan shavings, grilled tomato and steakhouse fries

## Gourmet Burgers

### Marina Beef Burger €11.50

200grms beef burger topped with homemade relish, salad and steakhouse fries

### Double Home-made Beef Burger €16.50

Two 200grms beef patties, grilled bacon, cheese, mushrooms and relish

### Tangy Supreme €12.50

200grms lamb, chilli and garlic burger with tomatoes, cucumber, iceberg lettuce, yoghurt dressing and steakhouse fries

### Maltese Tradition €12.50

200grms pork and maltese sausage burger with goat's cheese, sun-dried tomato, olive tapenade, salad and steakhouse fries

### Super Supreme €12.50

200grms Chicken Burger with grilled bacon, melted emmental cheese, lollo rosso salad and steakhouse fries

All burgers are grilled & served in a toasted sesame bun with home made relish, salad and steakhouse fries

#### Extras & Toppings:

Bacon €1.75 | Mushrooms €2.50 |

Parmesan €2.75 | Cheese €1.75 |

Extra Steakhouse Fries €3.25 | Extra

Side Salad €3.25 | Green Salad €3.25

## Desserts

Chocolate Muffin €2.50

Apple Pie €3.95

Melon Cubes €4.50

Fresh Fruit Salad €4.50

Sundae Coupe €4.50

Ice cream with nuts and cream

# Beverages

Local Beer 33cl 50cl  
**€2.50 €4.50**

Carlsberg 25cl 50cl  
**€2.50 €4.50**

Heineken/ Budweiser/  
 Becks 25cl  
**€2.75**

Corona 35cl  
**€3.75**

Peroni 33cl  
**€3.75**

Cider 27cl  
**€2.75**

House Spirits  
 (including mixer) 2cl  
**€2.75**

Liqueurs 2cl  
**€2.95**

**WINE** **Glass** **Bottle**  
 15cl 75cl

**Sparkling**  
 Prosecco **€4.50 €24.50**

**White**  
 Sauvignon **€3.75 €14.75**  
 Blanc,  
 Delicata, Malta

Pinot Grigio, **€3.95 €16.50**  
 Italy

Soave Classico, **€15.00**  
 Italy

**Rose**  
 Medina, Delicata **€15.50**  
 Malta

Rose d'Anjou, **€3.75 €18.00**  
 France

**Red**  
 Cabernet **€3.75 €15.00**  
 Sauvignon,  
 Marsovin,  
 Malta

Montepulciano **€3.95 €18.00**  
 d'Abruzzo,  
 Italy

## Water

Local 50cl 75cl  
**€2.10 €3.00**

Foreign 50cl 1ltr  
**€2.95 €4.50**

## Juices

Apple, Pineapple, Cranberry 30cl  
**€1.95**

Fresh Orange Juice 25cl  
**€3.95**

**Soft Drinks** 25cl 50cl  
**€2.10 €3.50**

## Hot Beverages

American Coffee **€1.95**

Espresso **€1.95**

Double Espresso **€2.10**

Espresso Mocha **€2.10**

Espresso Macchiato **€1.95**

Pot of Tea **€2.25**

Cappuccino **€1.95**

Cappuccione **€2.10**

Café latte **€2.50**

Hot Chocolate **€2.50**

## Cocktails

**Spritz**  
 aperol, prosecco **€5.75**

**Bloody Mary**  
 vodka, tomato juice, tabasco,  
 worcestershire sauce **€6.65**

**Pimms**  
 pimms, gin, lemonade **€6.65**

**Caipirinha**  
 cachaca, fresh lime, brown sugar **€6.65**

**Mojito**  
 white rum, lime, mint, brown  
 sugar, soda water **€6.65**

**Pina Colada**  
 white rum, malibu, pineapple juice,  
 cream, coconut syrup **€6.65**

**Raspberry Collins**  
 gin, grand marnier, raspberry  
 purée, soda **€6.65**

**Classic Margarita/  
 Strawberry/ Banana**  
 tequila, triple sec, lime, lemon juice **€6.65**

**Strawberry/ Banana Daiquiri**  
 white rum, triple sec, lime **€6.65**

## Long Island Ice-Tea

white rum, vodka, gin, tequila,  
 triple sec, lime juice, coca cola **€9.95**

## Martinis

### Sunset Martini

vodka, lychee liqueur, blended  
 lychees, apple juice **€5.50**

### Lychee Martini

vodka, blended lychees,  
 rose water, apple juice **€5.50**

### Watermelon & Mint Martini

vodka, fresh watermelon, mint  
 leaves, lemon juice **€5.50**

## Mocktails

### Shirley Temple

lemonade, strawberry syrup,  
 maraschino cherry **€3.75**

### Mock Champagne

apple juice, ginger ale **€3.75**

### Beach Blanket

grapefruit juice, cranberry juice,  
 sprite **€3.75**

### Coffee Nut Freeze

espresso, milk, hazelnut syrup **€2.95**

### Sorbet Ice-Tea

lemon ice-tea, lemon, orange,  
 mint, floating lemon sorbet **€4.50**

### Milk shakes

strawberry, chocolate, vanilla **€4.50**

### Banana Split Shake

vanilla, chocolate, strawberry  
 ice cream, fresh banana, whipped  
 cream, chocolate sauce **€6.50**

### Nutty Caramel

milk, espresso, chocolate  
 ice cream, hazelnut syrup, whipped  
 cream, caramel sauce **€6.50**

### Smoothies

strawberry & banana **€6.50**  
 tropical **€6.50**

### Antioxidant Ice Teas

25cl  
 Acai Berry & Green Tea **€3.95**  
 Lemon & Green Tea **€3.95**

### Aloe Vera

50cl  
 Peach & Watermelon **€4.95**  
 Wheat Grass **€4.95**